

# British Cycling - Breeze Rides

We are pleased to announce that the Dartmoor Debutante will once again be associated with British Cycling Breeze Bike Rides for Women, the single biggest ever programme aimed at getting women into cycling. Breeze Rides are FREE, are led by British Cycling qualified instructors and range from flat 4 mile beginner sessions through to more challenging training rides. Suitable rides are already planned for those who have entered either the Debutante or the Classic, and can be booked at [www.breezebikerides.com](http://www.breezebikerides.com)



Mid Devon Cycling Club, the organisers of the Dartmoor Classic, hold Sunday club runs from the former Abbok Park Sports and Social Club, Strap Lane, Kingsteignton, TQ 12 3PS. These are ideal training for both the Classic and the Debutante, with 6 rides every Sunday, leaving at 9.00 am. The rides range from the social ride, which is approx 30 miles at an average pace of about 10-12 mph, right through to the elite 'A' run. Initially, riders don't have to be club members to enjoy the club run experience; just come along a couple of times and see if you like them. For more details contact Mike or Michele Radant on 01803 782732